



PLATINUM SWISS NANO CAPS

Sustained Release Capsules

Vitamins, Minerals & Supplements





PLATINUM SWISS NANO CAPS

SWISS ENERGY® MEANS HIGH QUALITY VITAMINS

SWISS ENERGY® food supplements have been specially developed by **FreiCare Swiss AG, Switzerland**, taking into account recommendations of the leading health care specialists.

Thoroughly researched patented ingredients in combination with the strictest manufacturing standards guarantee **premium quality** of the products.





PLATINUM SWISS NANO CAPS

BEST MANUFACTURING PRACTICE

We use only **GMP-certified** manufacturing facilities that have passed our rigorous requirements and monitor every product throughout the production cycle to ensure it meets the highest quality standards.

Manufacturing facilities meet the requirements of the **international quality standards** and thoroughly tested at every stage of the production cycle — from raw materials to finished product.



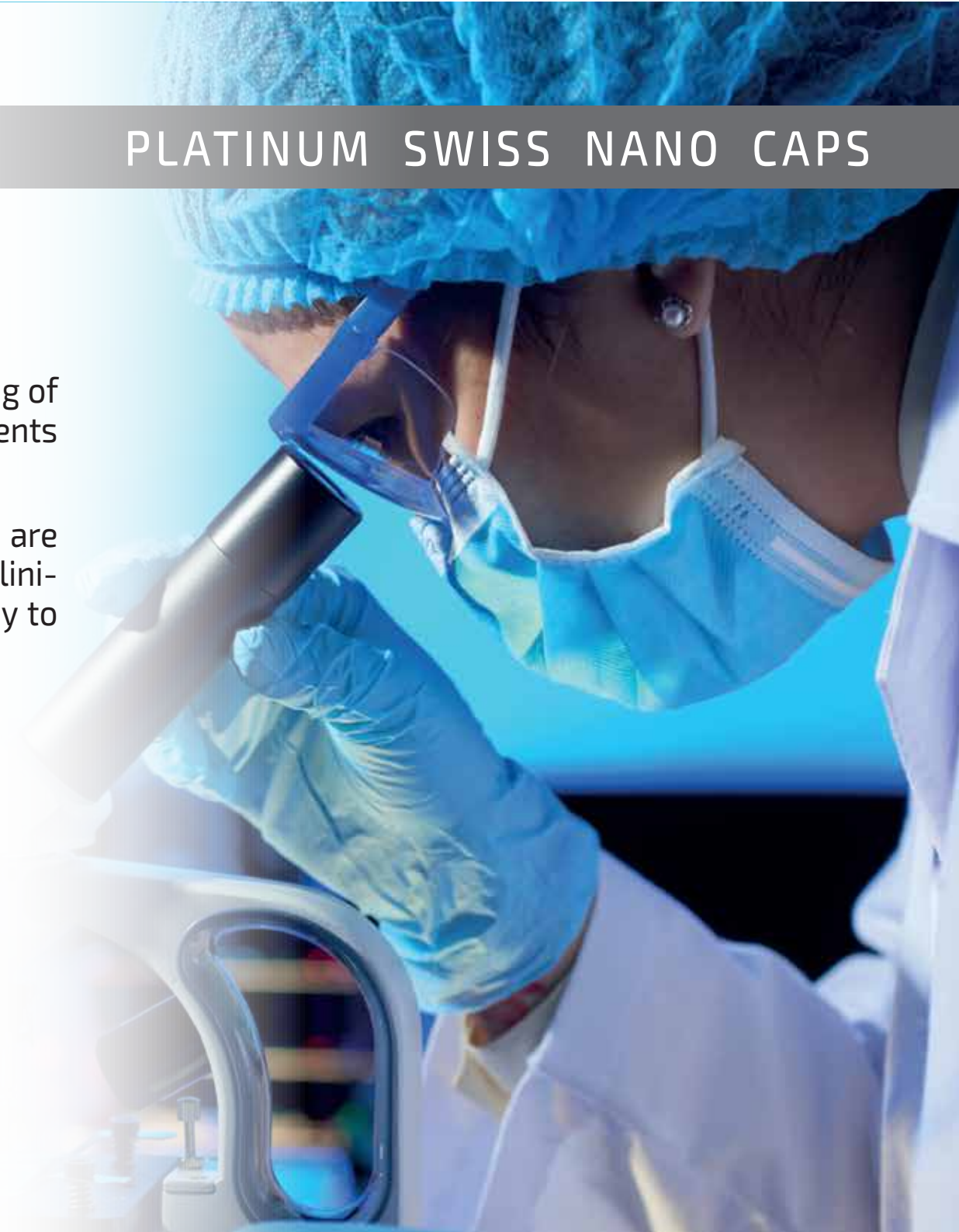


PLATINUM SWISS NANO CAPS

PROVEN SCIENCE

We focus on the development and manufacturing of **scientifically-supported** vitamins and supplements to help you follow a healthy lifestyle.

We collaborate with nutritional scientists who are developing new ingredients and we study their clinical findings to determine the most effective way to provide the desired results.





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SWISS ENERGY[®] IS AN EXPERT IN THE MOST ADVANCED TECHNOLOGIES

FreiCare Swiss AG is specialized in **modified release** systems for oral consumption based on the application of the most advanced technologies.

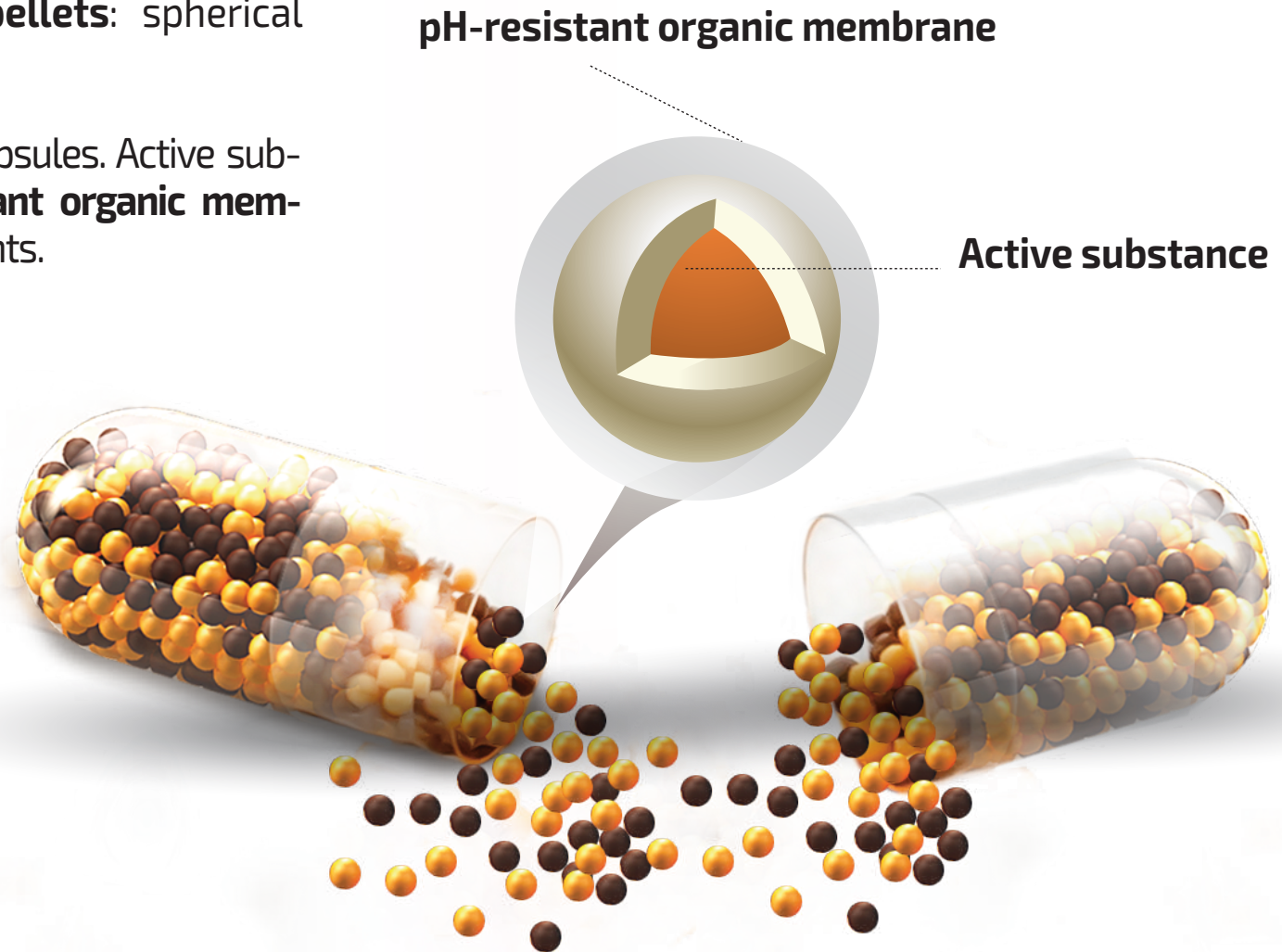
Sustain release technology can be applied to many formulations. Providing modulated absorption it ensures **high efficiency and safety of use.**



SUSTAINED RELEASE CAPSULES: WHAT'S INSIDE

Sustained Release Capsules are innovative dosage form that presented in **micro-pellets**: spherical granules of about 1 mm diameter.

Micro-pellets are dosed in HPMC capsules. Active substances are coated with **pH-resistant organic membrane** that covers the active ingredients.






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SUSTAINED RELEASE CAPSULES PROTECT ACTIVE INGREDIENTS

pH-resistant polymeric membrane does not dissolve in stomach and ensures **protection** of active ingredients from the damaging action of gastric acid.

The polymeric membrane **dissolves into the duodenum**. Therefore the active ingredients are protected until their arrival to the intestine.



pH-resistant membrane protects active ingredients from gastric acid in duodenum

pH-resistant membrane starts dissolving in duodenum

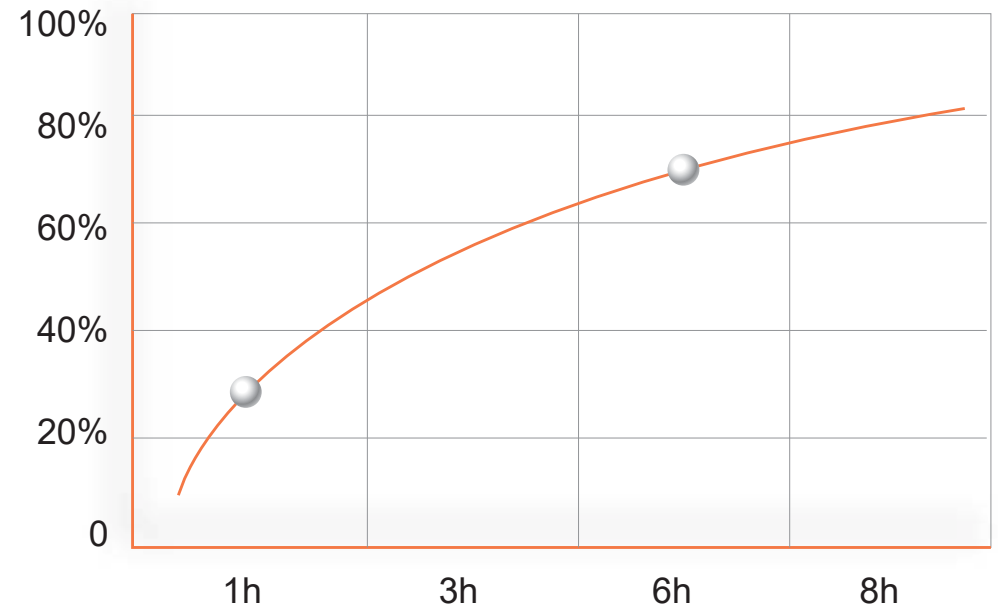
SUSTAINED RELEASE CAPSULES PROVIDE BETTER ABSORPTION

Sustained release (SR) capsules are developed to release active ingredients gradually over a **long period of time** (about 8 hours)

SR capsules ensure a **better absorption** of active ingredients and better tolerability in a daily diet.

Sustained release technology guarantees high efficacy of action during the whole day. Scientifically proven intake of **1 capsule per day**.

Release of active substances, %



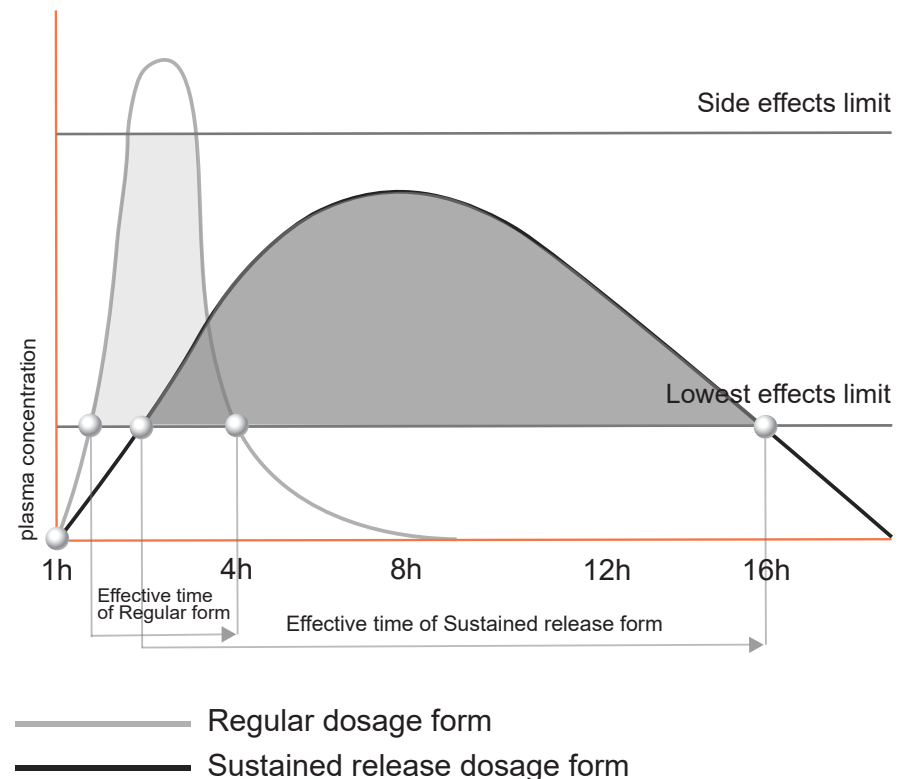
SUSTAINED RELEASE CAPSULES ENSURE BETTER EFFICACY AND SAFETY

Sustained release dosage form becomes very important to achieve better efficiency with **no risk of side effects**.

SR dosage form allows to **prolong the effectiveness time** of active ingredients.

SR dosage form allows to avoid absorption peak risks to achieve better safety level.

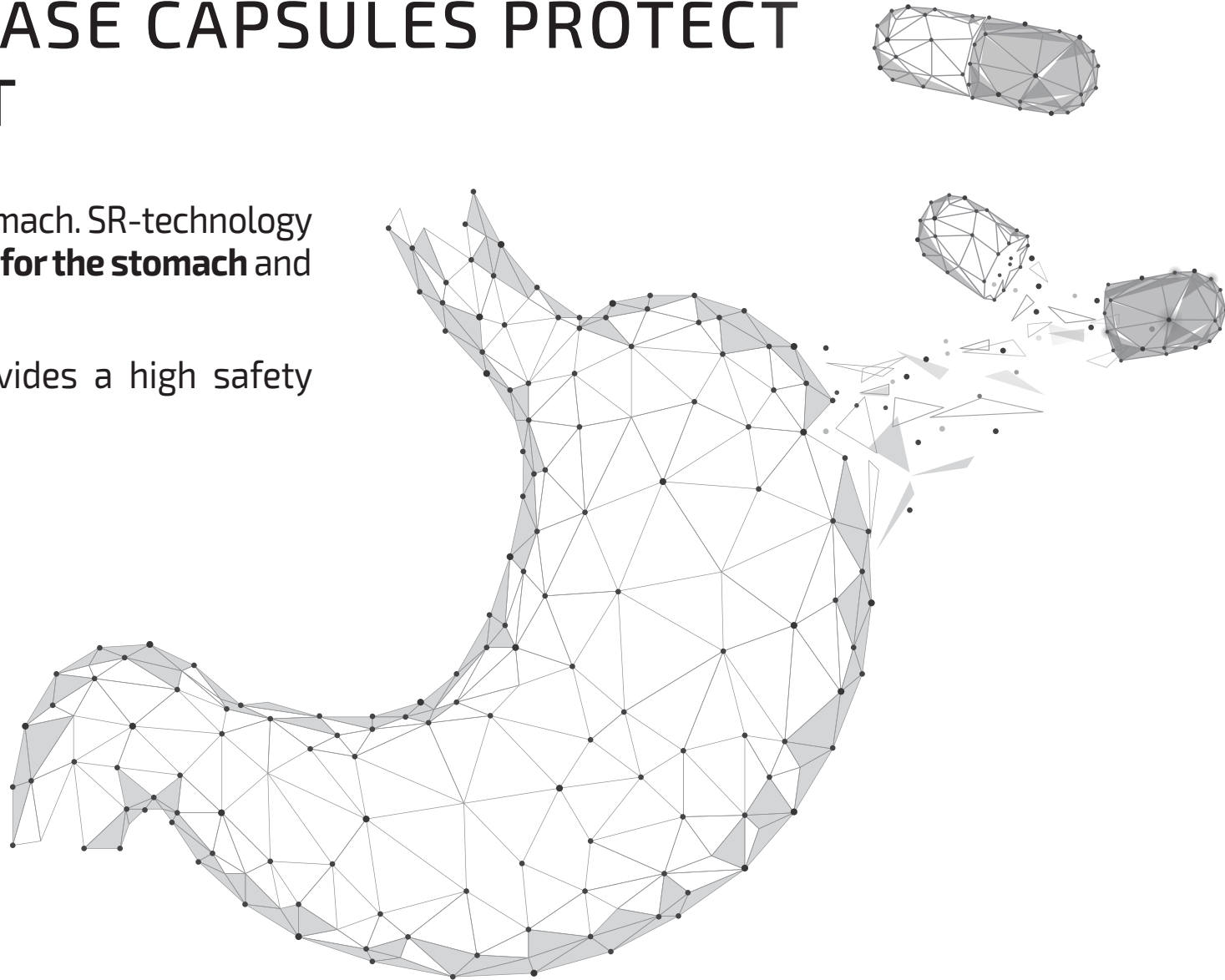
Plasma concentrations of regular and sustained release forms



SUSTAINED RELEASE CAPSULES PROTECT DIGESTIVE TRACT

Some ingredients can irritate the stomach. SR-technology allows **avoiding the irritation effect for the stomach** and reducing risk of side effects.

Therefore taking SR-capsules provides a high safety level for digestive tract.





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PRODUCT RANGE

IN BOTTLES



IN BLISTERS





PLATINUM SWISS NANO CAPS

MULTIVIT

25 Vitamins and Minerals
+Vitamin K2

Contains a combination of vitamins and minerals which contribute to normal energy-yielding metabolism and to the normal function of the immune system. **Vitamin K2** may help to support bone health, cardiovascular health and calcium metabolism.

One capsule contains



	NRV*	
Vitamin A	800 IU	30%
Vitamin C	80 mg	100%
Vitamin D	200 IU	100%
Vitamin E	12 IU	67%
Vitamin K2	25 µg	33%
Vitamin B1	1.1 mg	100%
Vitamin B2	1.4 mg	100%
Niacin	16 mg	100%
Vitamin B6	1.4 mg	100%

Folic acid	200 µg	100%
Vitamin B12	2.5 µg	100%
Biotin	50 µg	100%
Pantotenic acid	6 mg	100%
Calcium	100 mg	13%
Iron	2.8 mg	20%
Phosphorus	20 mg	2.9%
Iodine	150 µg	100%

Magnesium	50 mg	13%
Zinc	1 mg	10%
Selenium	5.5 µg	10%
Copper	0.15 mg	15%
Manganese	0.2 mg	10%
Chromium	10 µg	25%
Molybdenum	5 µg	10%
Potassium	35 mg	1.8%



PLATINUM SWISS NANO CAPS

ACTIVELIFE

25 Vitamins and Minerals
+ Vitamin K2 + Guarana

Contributes to normal energy-yielding metabolism and to the protection of cells from oxidative stress. **Guarana** stimulates the function of the nervous system and reduces signs of fatigue.

One capsule contains

		NRV*
Vitamin A	1000 IU	38%
Vitamin C	110 mg	138%
Vitamin D	400 IU	200%
Vitamin E	18 IU	100%
Vitamin K2	25 µg	33%
Vitamin B1	1.5 mg	136%
Vitamin B2	1.7 mg	121%
Niacin	20 mg	125%
Vitamin B6	2 mg	143%

Folic Acid	400 µg	200%
Vitamin B12	6 µg	240%
Biotin	50 µg	100%
Pantothenic Acid	10 mg	167%
Calcium	87 mg	11%
Iron	2.8 mg	20%
Phosphorus	10 mg	1,4%
Iodine	15 µg	10%
Magnesium	40 mg	11%

Zinc	2 mg	20%
Selenium	5.5 µg	10%
Copper	0.5 mg	50%
Manganese	0.5 mg	25%
Chromium	4 µg	10%
Molybdenum	5 µg	10%
Potassium	30 mg	1,5%
Guarana extract	20 mg	H/A





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CALCIVIT

Calcium + Vitamin D3
+ Vitamin K2

Contains a combination of vitamins and minerals which contribute to normal energy-yielding metabolism and to the normal function of the immune system. **Vitamin K2** may help to support bone health, cardiovascular health and calcium metabolism.

One capsule contains

		NRV*
Vitamin D3	5 µg	100%
Vitamin K2	37.5 µg	50%
Calcium	200 mg	25%

Zinc	5 mg	50%
Copper	1 mg	100%
Manganese	2 mg	100%
Boron	50 µg	N/A





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ANTISTRESS

Magnesium + B6

Magnesium contributes to the normal functioning of the nervous system, to a reduction of tiredness and fatigue and to the electrolyte balance. The **vitamin B6** enhances energy-yielding metabolism and the normal functioning of the heart.

One capsule contains

		NRV*
Vitamin B6	5 mg	357%

Magnesium	48 mg	13%
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NEUROFORCE

Vitamin B-Complex

Vitamin B-complex contains all vital vitamins of the B-group in optimal quantitative proportion. They are necessary for the normal functioning of the **nervous system**. It is recommended in cases of B-group vitamin deficiency.



One capsule contains

		NRV*
Vitamin B1	1.1 mg	100%
Vitamin B2	1.4 mg	100%
Niacin	16 mg	100%
Vitamin B6	1.4 mg	100%
Folic Acid	200 µg	100%

Vitamin B12	2.5 µg	100%
Biotin	50 µg	100%
Pantothenic Acid	6 mg	100%
		100%



PLATINUM SWISS NANO CAPS

VISIOVIT

Lutein + Blueberry Extract
+ Zeaxanthin + AE + Zn

The complex of vitamins, minerals and carotenoids has been specially developed to **improve eyesight**. It has an **antioxidant effect** and protects the eye tissues from free radicals. Contains lutein, zeaxanthin, vitamins and minerals to protect the eyes from negative environmental factors.

One capsule contains

NRV*

Vitamin A	800 µg	100%
Vitamin E	12 mg	100%
Zinc	10 mg	100%

Lutein	10 mg	N/A
Zeaxanthin	2 mg	N/A
Blueberry extract	50 mg	N/A





PLATINUM SWISS NANO CAPS

IMMUNOVIT

Echinacea + Propolis
+ Vitamin C + Zn

Echinacea is known as one of nature's most useful herbs that strengthens the immune system. Bee Propolis is a natural antibiotic - it kills harmful bacteria, without destroying the friendly bacteria. Vitamin C and Zinc have strong antioxidative effect. The product enhances the **body's resistance to infections**.

One capsule contains

NRV*

Vitamin C	250 mg	313%
Echinacea root extract	50 mg	N/A

Propolis extract	12.5 mg	N/A
Zinc	4.5 mg	45%





PLATINUM SWISS NANO CAPS

PRENATAL MULTIVIT

19 Vitamins and Minerals + Calcium
+ Iron + Folic Acid + K2

This is a **balanced combination** of vitamins and minerals that has been specially developed for pregnant and breastfeeding women. Folic acid helps to prevent neural-tube defects. Iron is important for oxygen delivery to the baby and prevents mother's anemia. Calcium and vitamin K2 help to build the baby's bones and prevent bone loss in mothers.

One capsule contains

		NRV*
Vitamin A	400 µg	50%
Vitamin C	80 mg	100%
Vitamin D3	6 mg	100%
Vitamin E	2.5 µg	100%
Vitamin K2	37.5 µg	100%
Vitamin B1	1.1 mg	100%
Vitamin B2	1.4 mg	100%

Pantotenic acid	6 mg	50%
Niacin	16 mg	50%
Vitamin B6	1.4 mg	50%
Folic Acid	200 µg	100%
Vitamin B12	2.5 µg	100%
Biotin	50 µg	100%
Calcium	50 mg	6,3%

Iron	14 mg	100%
Magnesium	50 mg	13%
Zinc	7.5 mg	75%
Copper	0.3 mg	30%
Manganese	1 mg	50%





PLATINUM SWISS NANO CAPS

HAIR, NAIL & SKIN

B1, B5, B6, PP, H + Zn+ Fe+ L-Cysteine +
L-Methionine + Medical yeast extract

Contains a selected combination of vitamins, minerals, amino acids and medical yeast to **stimulate hair growth**, restore hair structure, **strengthen nails and maintain skin** health. Amino acids (cysteine, methionine) help to build the keratin structure of hair and nails. Minerals (zinc, iron) help cell regeneration. Pantothenic acid - for strong hair structure. Vitamin B complex - for healthy skin, hair and nails.



One capsule contains

		NRV*
Vitamin B1	5 mg	455%
Vitamin B6	5 mg	357%
Niacin	25 mg	156%
Biotin	150 µg	300%
Pantothenic Acid	15 mg	250%

Iron	5 mg	36%
Zinc	10 mg	100%
Medical yeast extract	75 mg	N/A
L-Cysteine	50 mg	N/A
L-Methionine	100 mg	N/A



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BEAUTYVIT

ACE + Zn +Se + CoQ10 + Biotin

This product is a combination of vitamins A, C and E, which contributes to the **protection of cells from oxidative stress**. Coenzyme Q10, Selenium and Zn are also known by their strong antioxidative effect. Biotin is called a vitamin of beauty. It improves the condition of skin, hair and nails.



One capsule contains

		NRV*
Vitamin C	180 mg	225%
Coenzyme Q10	60 mg	N/A
Zinc	15 mg	150%
Vitamin E	10 mg	83%

Vitamin A	2 mg	250%
Biotin	150 µg	300%
Selenium	30 µg	55%



PLATINUM SWISS NANO CAPS



VITAMIN C

500 mg

Vitamin C contributes to the **normal function of the immune system** and to reduction of tiredness and fatigue. It contributes to the protection of cells from oxidative stress. Vitamin C contributes to **normal collagen formation** for the normal function of blood vessels, bones, cartilage and skin. Vitamin C increases Iron absorption.

One capsule contains:

		NRV
Vitamin C	500 mg	625%

ZINC

Zinc contributes to the normal function of the **immune and to the protection of cells from oxidative stress**. It contributes to the maintenance of normal **hair, nail and skin**. Zinc contributes to normal cognitive function and to the maintenance of normal vision.



One capsule contains:

		NRV
Zinc (as zinc piculinate)	15 mg	150%



One capsule contains:

		NRV
Zinc (as zinc piculinate)	50 mg	500%

**SWISS
ENERGY**

By Dr.FREI®



PLATINUM SWISS NANO CAPS

VITAMIN C + ZN

The combination of vitamin C and Zinc provides a **strong support of immune system** to help staying healthy throughout a year. It contributes to the maintenance of normal hair, nail and skin and support of normal vision and nervous system.

One capsule contains:

		NRV
Vitamin C	500 mg	625%
Zinc	12 mg	120%





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SELENIUM

Selenium contributes to the normal function of the **immune system** and to the **protection of cells from oxidative stress**. Selenium contributes to the maintenance of normal hair, nails, skin and **support of thyroid function**.



One capsule contains:

		NRV
Selenium	55 mcg	100%



One capsule contains:

		NRV
Selenium	150 mcg	273%



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VITAMIN D3

Vitamin D contributes to normal absorption of calcium and phosphorus. Vitamin D contributes to the maintenance of normal **bones, teeth and muscle function**. It supports to the normal function of the **immune system**. Vitamin D has a role in the process of cell division. Vitamin D is needed for the normal function of the thyroid and for the proper regulation of blood calcium levels. Vitamin D3 also plays a role in cardiovascular function.



One capsule contains:

		NRV
Vitamin D3	15 mcg (600 IU)	300%



One capsule contains:

		NRV
Vitamin D3	50 mcg (2000 IU)	1000%



One capsule contains:

		NRV
Vitamin D3	125 mcg (5000 IU)	2 500%

NOT SUSTAINED
RELEASE

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ENERGY**

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VITAMIN D3 + K2 + CALCIUM

The combination of vitamins D3, K2 and Calcium contributes to the maintenance of **normal bones, teeth and muscle function**. Vitamin K2 from Natto is a highly bioavailable form of vitamin K that helps keep the heart and blood vessels healthy. Calcium contributes to normal blood clotting.

One capsule contains:

		NRV
Vitamin D3	10 mg (400 IU)	200%
Vitamin K2 (from Natto)	75 mg	100%
Calcium	290 mg	36%





PLATINUM SWISS NANO CAPS

VITAMIN K2

Vitamin K2 from Natto is a highly bioavailable form of vitamin K that **helps keep the heart and blood vessels healthy**. Vitamin K2 supports calcium metabolism.

One capsule contains:

		NRV
Vitamin K2	100 mcg	133%



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ENERGY**

By Dr.FREI®



PLATINUM SWISS NANO CAPS

COENZYME Q10

Coenzyme Q10 is necessary for the energy metabolism and the transformation of food into physiological energy. Coenzyme Q10 maintains a **healthy heart, blood pressure and cholesterol levels**. Coenzyme Q10 may help maintain healthy brain function. Naturally occurring lipid soluble antioxidant that helps to **protect against free radicals, which are mainly responsible for cellular ageing**.

One capsule contains:

		NRV
Coenzyme Q10	100 mg	NA



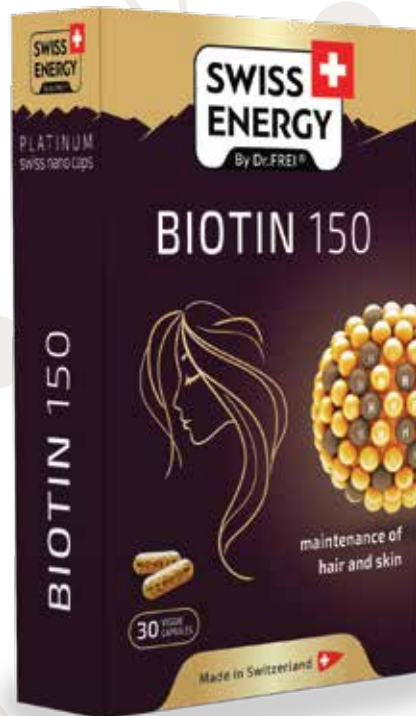
**NOT SUSTAINED
RELEASE**



PLATINUM SWISS NANO CAPS

BIOTIN

Biotin is necessary for **healthy teeth, bones, hair, skin and nails**. Biotin contributes to normal energy-yielding metabolism and normal functioning of the nervous system. Biotin ensures normal functioning of the body's organ tissues and systems. Stimulates physical work capacities. Recommended in case of intense fatigue and during recovery.



One capsule contains:

		NRV
Biotin	150 mcg	300%

NOT SUSTAINED
RELEASE



One capsule contains:

		NRV
Biotin	5 000 mcg	10 000%



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CHELATED IRON

Iron contributes to normal energy-yielding metabolism and normal function of the immune system. **Contributes to normal formation of red blood cells and hemoglobin.** Iron contributes to the **reduction of tiredness and fatigue** and affects activity of heart, liver and muscles. **Chelated form provides better absorption of Iron into the body.**



One capsule contains:

		NRV
Iron (as Ferrous bisglycinate)	14 mg	100%



One capsule contains:

		NRV
Iron (as Ferrous bisglycinate)	36 mg	275%



PLATINUM SWISS NANO CAPS

VITAMIN B12

Vitamin B12 is necessary to **maintain energy and general vitality**. Vitamin B12 contributes to normal functioning of the nervous system **and the immune system**. Vitamin B12 contributes to the normal red blood cell formation and to reduction of tiredness and fatigue. Necessary for healthy teeth, bones, hair, skin and nails.



One capsule contains:

		NRV
Vitamin B12	9 mg	360%



One capsule contains:

		NRV
Vitamin B12	2500 mg	100 000%

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PLATINUM SWISS NANO CAPS

VITAMIN E

Vitamin E contributes to the **protection of cells from oxidative stress**. Can neutralize free radicals and help maintain a healthy heart. It could support reducing the age related cognitive decline. Helps memory and perception retention, especially in the elderly. Necessary for healthy teeth, bones, hair, skin and nails. **Necessary to maintain energy and general vitality**. It's Important for the immune system and natural defenses.

One capsule contains:

NRV		
Vitamin E	134 mg (200 IU)	1 116 %



**NOT SUSTAINED
RELEASE**



PLATINUM SWISS NANO CAPS

POS MATERIALS





CONTACTS

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