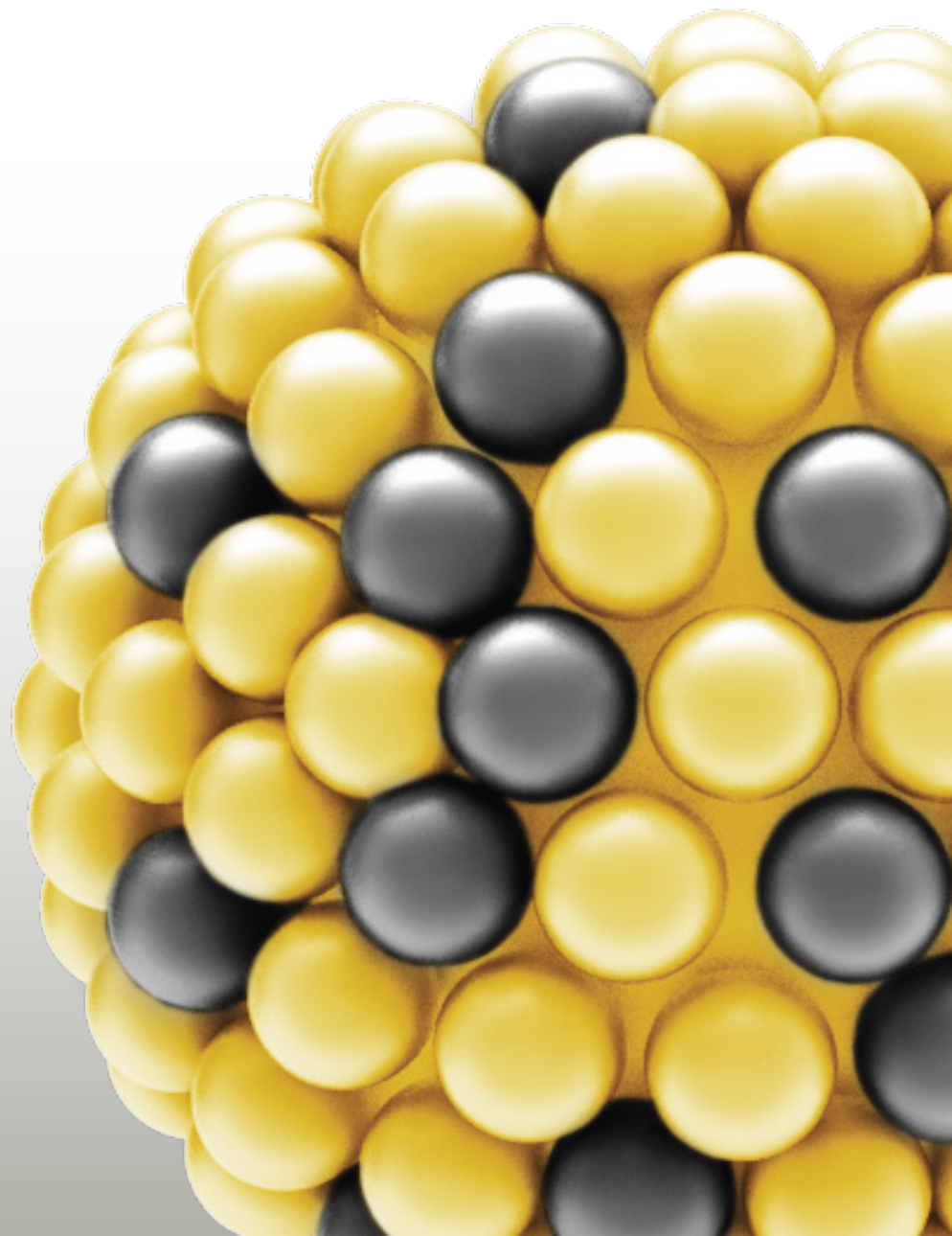




PLATINUM SWISS NANO CAPS

# Sustained Release Capsules

Vitamins, Minerals & Supplements





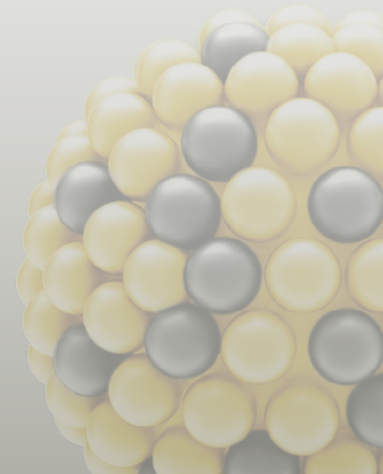
PLATINUM SWISS NANO CAPS

## SWISS ENERGY® MEANS HIGH QUALITY VITAMINS



SWISS ENERGY® food supplements have been specially developed by **FreiCare Swiss AG, Switzerland**, taking into account recommendations of the leading health care specialists.

Thoroughly researched patented ingredients in combination with the strictest manufacturing standards guarantee **premium quality** of the products.

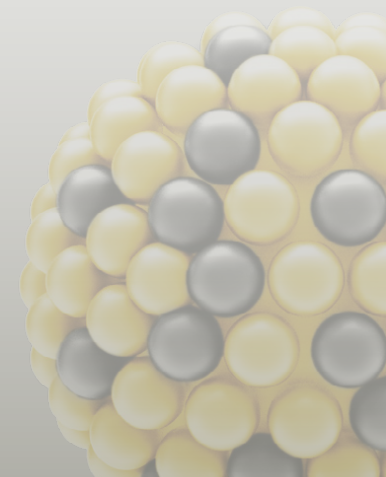


## BEST MANUFACTURING PRACTICE



We use only **GMP-certified** manufacturing facilities that have passed our rigorous requirements and monitor every product throughout the production cycle to ensure it meets the highest quality standards.

Manufacturing facilities meet the requirements of the **international quality standards** and thoroughly tested at every stage of the production cycle — from raw materials to finished product.



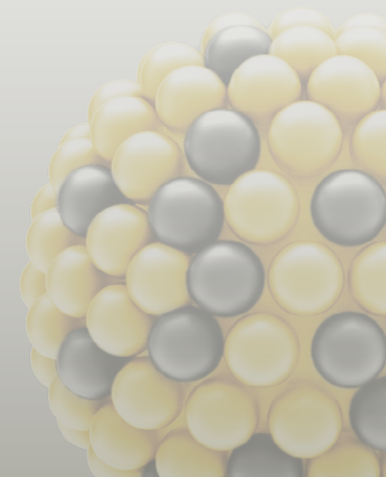


## PROVEN SCIENCE



We focus on the development and manufacturing of **scientifically-supported** vitamins and supplements to help you follow a healthy lifestyle.

We collaborate with nutritional scientists who are developing new ingredients and we study their clinical findings to determine the most effective way to provide the desired results.

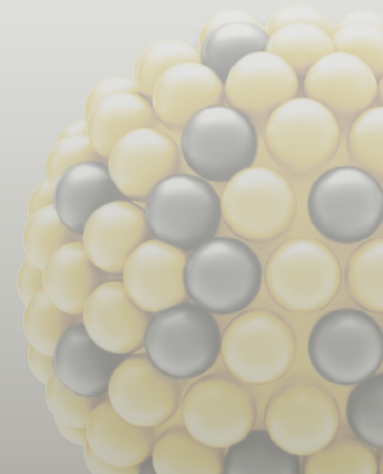


# SWISS ENERGY® IS AN EXPERT IN THE MOST ADVANCED TECHNOLOGIES



FreiCare Swiss AG is specialized in **modified release** systems for oral consumption based on the application of the most advanced technologies.

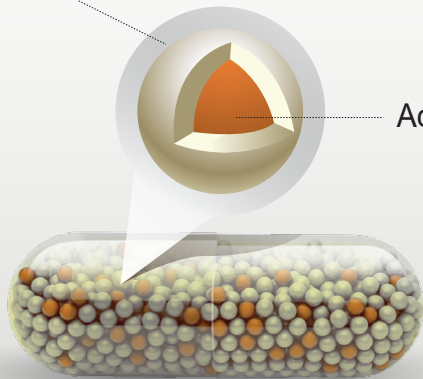
Sustain release technology can be applied to many formulations. Providing modulated absorption it ensures **high efficiency and safety of use.**



## SUSTAINED RELEASE CAPSULES: WHAT'S INSIDE

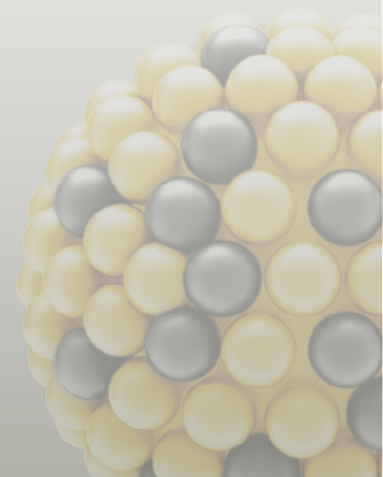
pH-resistant organic membrane

Active substance



Sustained Release Capsules are innovative dosage form that presented in **micro-pellets**: spherical granules of about 1 mm diameter.

Micro-pellets are dosed in hard gelatin capsules. Active substances are coated with **pH-resistant organic membrane** that covers the active ingredients.

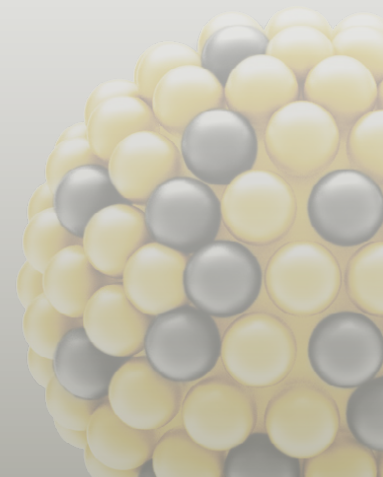


## SUSTAINED RELEASE CAPSULES PROTECT ACTIVE INGREDIENTS

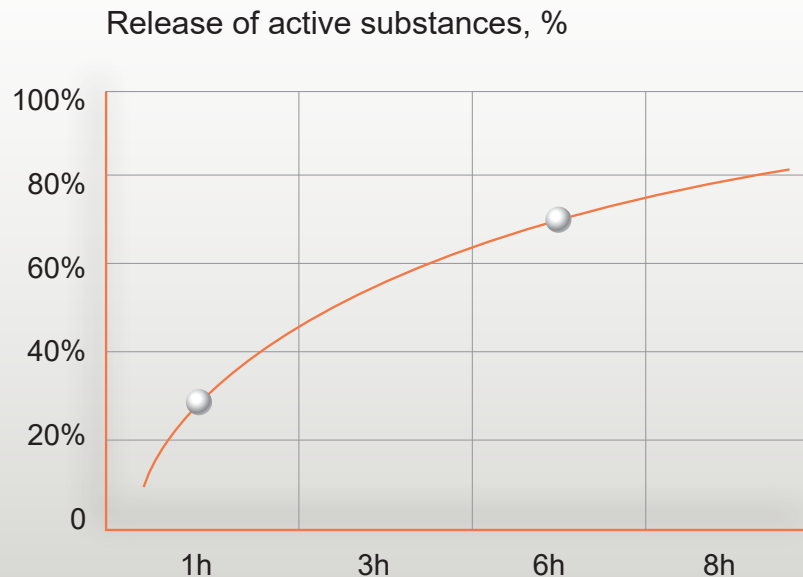


pH-resistant polymeric membrane does not dissolve in stomach and ensures **protection** of active ingredients from the damaging action of gastric acid.

The polymeric membrane **dissolves into the duodenum**. Therefore the active ingredients are protected until their arrival to the intestine.



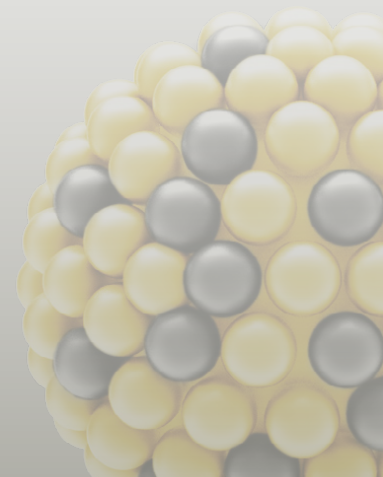
## SUSTAINED RELEASE CAPSULES PROVIDE BETTER ABSORPTION



Sustained release (SR) capsules are developed to release active ingredients gradually over a **long period of time** (about 8 hours)

SR capsules ensure a **better absorption** of active ingredients and better tolerability in a daily diet.

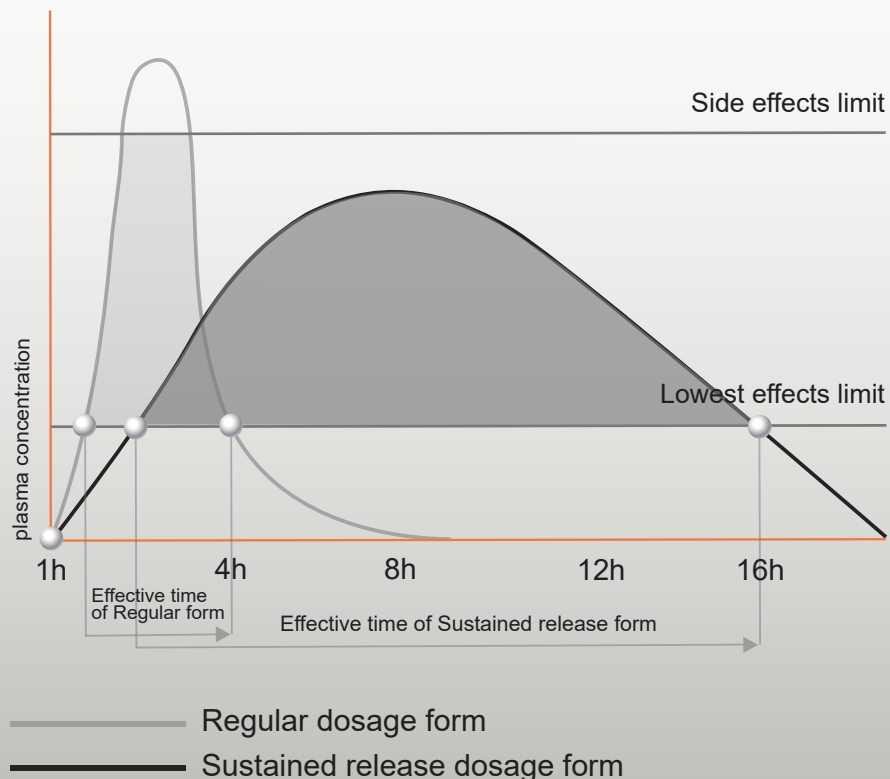
Sustained release technology guarantees high efficacy of action during the whole day. Scientifically proven intake of **1 capsule per day**.





# SUSTAINED RELEASE CAPSULES ENSURE BETTER EFFICACY AND SAFETY

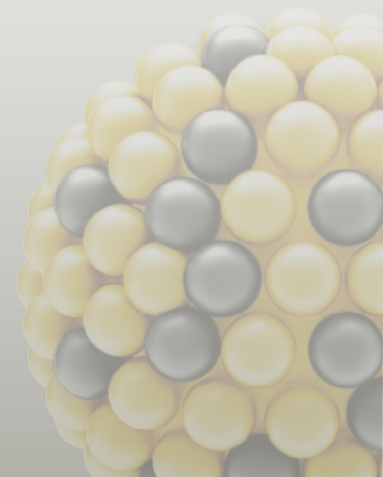
Plasma concentrations of regular and sustained release forms



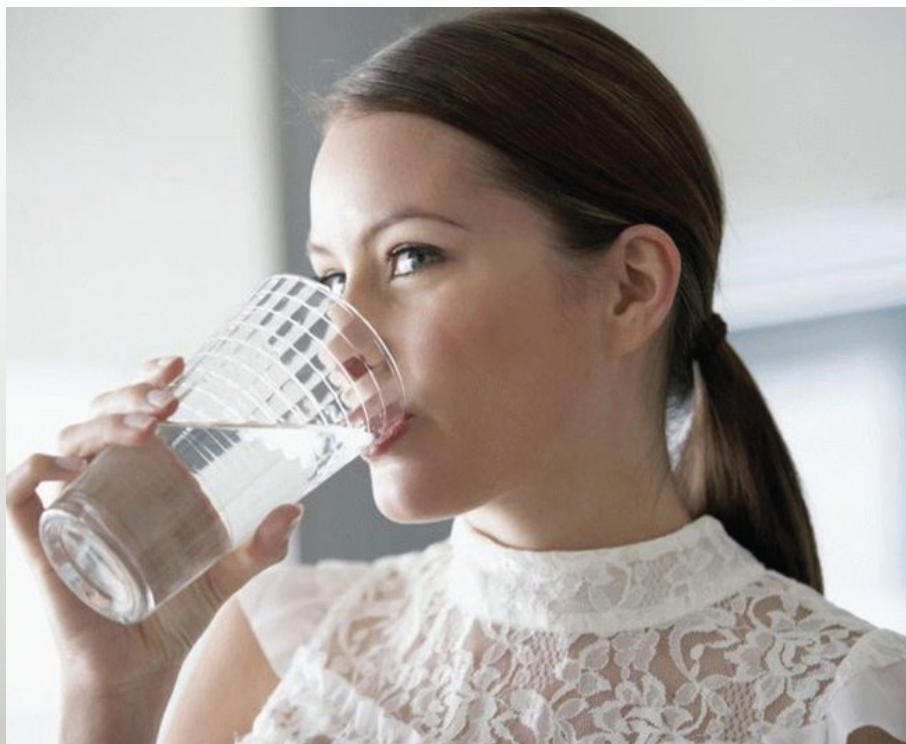
Sustained release dosage form becomes very important to achieve better efficiency with **no risk of side effects**.

SR dosage form allows to **prolong the effectiveness time** of active ingredients.

SR dosage form allows to avoid absorption peak risks to achieve better safety level.

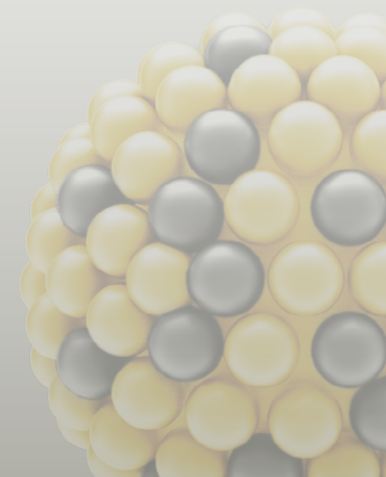


## SUSTAINED RELEASE CAPSULES PROTECT DIGESTIVE TRACT



Some ingredients can irritate the stomach. SR-technology allows **avoiding the irritation effect for the stomach** and reducing risk of side effects.

Therefore taking SR-capsules provides a high safety level for digestive tract.



## PRODUCT RANGE



## MULTIVIT

25 Vitamins and Minerals  
+Vitamin K2

Contains a combination of vitamins and minerals which contribute to normal energy-yielding metabolism and to the normal function of the immune system. **Vitamin K2** may help to support bone health, cardiovascular health and calcium metabolism.

### One capsule contains

Vitamin A	800 IU	Folic Acid	200 µg	Magnesium	50 mg
Vitamin C	80 mg	Vitamin B12	2,5 µg	Zinc	1 mg
Vitamin D	200 IU	Biotin	50 µg	Selenium	5,5 µg
Vitamin E	12 IU	Pantothenic Acid	6 mg	Copper	0,15 mg
Vitamin K2	25 µg	Calcium	100 mg	Manganese	0,2 mg
Thiamin	1,1 mg	Iron	2,8 mg	Chromium	10 µg
Riboflavin	1,4 mg	Phosphorus	20 mg	Molybdenum	5 µg
Niacin	16 mg	Iodine	150 µg	Potassium	35 mg
Vitamin B6	1,4 mg				





## ACTIVELIFE

25 Vitamins and Minerals  
+ Vitamin K2 + Guarana

Contributes to normal energy-yielding metabolism and to the protection of cells from oxidative stress. **Guarana** stimulates the function of the nervous system and reduces signs of fatigue.

### One capsule contains

Vitamin A	1000 IU	Folic Acid	400 µg	Zinc	2 mg
Vitamin C	110 mg	Vitamin B12	6 µg	Selenium	5,5 µg
Vitamin D	400 IU	Biotin	50 µg	Copper	0,5 mg
Vitamin E	18 IU	Pantothenic Acid	10 mg	Manganese	0,5 mg
Vitamin K2	25 µg	Calcium	87 mg	Chromium	4 µg
Thiamin	1,5 mg	Iron	2,8 mg	Molybdenum	5 µg
Riboflavin	1,7 mg	Phosphorus	10 mg	Potassium	30 mg
Niacin	20 mg	Iodine	15 µg	Guarana extract	20 mg
Vitamin B6	2 mg	Magnesium	40 mg		



# CALCIVIT

Calcium + Vitamin D3  
+ Vitamin K2

Contains a combination of vitamins and minerals which contribute to normal energy-yielding metabolism and to the normal function of the immune system. **Vitamin K2** may help to support bone health, cardiovascular health and calcium metabolism.

One capsule contains

Calcium	200 mg
Vitamin D3	7,5 µg

Vitamin K2	25 µg
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# ANTISTRESS

Magnesium + B6

**Magnesium** contributes to the normal functioning of the nervous system, to a reduction of tiredness and fatigue and to the electrolyte balance. The **vitamin B6** enhances energy-yielding metabolism and the normal functioning of the heart.

One capsule contains

Magnesium	500 mg
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Vitamin B6	5 mg
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# NEUROFORCE

## Vitamin B-Complex

**Vitamin B-complex** contains all vital vitamins of the B-group in optimal quantitative proportion. They are necessary for the normal functioning of the **nervous system**. It is recommended in cases of B-group vitamin deficiency.

### One capsule contains

Vitamin B1	7 mg
Vitamin B2	8 mg

Vitamin B6	5 mg
Vitamin B12	25 µg





## VISIOVIT

Lutein + Blueberry Extract  
+ Zeaxanthin + AE + Zn

The complex of vitamins, minerals and carotenoids has been specially developed to **improve eyesight**. It has an **antioxidant effect** and protects the eye tissues from free radicals. Contains lutein, zeaxanthin, vitamins and minerals to protect the eyes from negative environmental factors.

One capsule contains

Blueberry extract	50 mg
Zeaxanthin	0,5 mg
Lutein	6 mg

Vitamin A	800 µg
Vitamin E	7,6 mg
Zinc	6 mg



# IMMUNOVIT

Echinacea + Propolis  
+ Vitamin C + Zn

Echinacea is known as one of nature's most useful herbs that strengthens the immune system. Bee Propolis is a natural antibiotic - it kills harmful bacteria, without destroying the friendly bacteria. Vitamin C and Zinc have strong antioxidative effect. The product enhances the **body's resistance to infections**.

One capsule contains

Vitamin C	250 mg
Echinacea root extract	50 mg

Propolis extract	12,5 mg
Zinc	4,5 mg



# PRENATAL MULTIVIT

19 Vitamins and Minerals + Calcium  
+ Iron + Folic Acid + K2

This is a **balanced combination** of vitamins and minerals that has been specially developed for pregnant and breastfeeding women. Folic acid helps to prevent neural-tube defects. Iron is important for oxygen delivery to the baby and prevents mother's anemia. Calcium and vitamin K2 help to build the baby's bones and prevent bone loss in mothers.

## One capsule contains

Vitamin A	800 IU
Vitamin B1	1,1 mg
Vitamin B2	1,4 mg
Vitamin B5	6 mg
Vitamin B6	1,4 mg
Vitamin B12	2,5 µg
Vitamin C	80 mg

Vitamin D3	5 µg
Vitamin E	12 mg
Vitamin K2	25 µg
Folic Acid	800 µg
Biotin	50 µg
Vitamin PP	16 mg
Calcium	100 mg

Iron	2,8 mg
Magnesium	100 mg
Zinc	7,5 mg
Copper	0,3 mg
Manganese	1 mg



## HAIR, NAIL & SKIN

B1, B5, B6, PP, H + Zn+ Fe+ L-Cysteine +  
L-Methionine + Medical yeast extract

Contains a selected combination of vitamins, minerals, amino acids and medical yeast to **stimulate hair growth**, restore hair structure, **strengthen nails and maintain skin** health. Amino acids (cysteine, methionine) help to build the keratin structure of hair and nails. Minerals (zinc, iron) help cell regeneration. Pantothenic acid - for strong hair structure. Vitamin B complex - for healthy skin, hair and nails.

### One capsule contains

Vitamin B1	5 mg
Vitamin B6	5 mg
Niacin	25 mg
Pantothenic Acid	25 mg
Biotin	150 µg

Zinc	10 mg
Iron	5 mg
Medical yeast extract	75 mg
L-Cysteine	50 mg
L-Methionine	100 mg





# BEAUTYVIT

ACE + Zn + Se + CoQ10 + Biotin

This product is a combination of vitamins A, C and E, which contributes to the **protection of cells from oxidative stress**. Coenzym Q10, Selenium and Zn are also known by their strong antioxidative effect. Biotin is called a vitamin of beauty. It improves the condition of skin, hair and nails.

One capsule contains

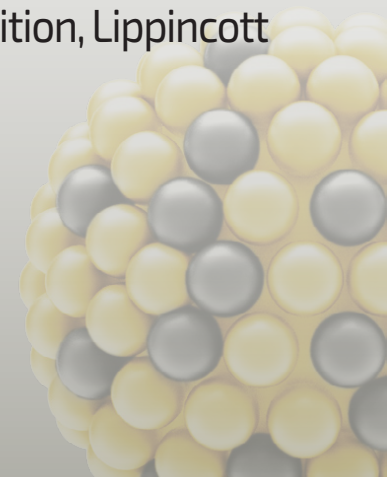
Vitamin C	180 mg
Coenzyme Q10	60 mg
Zinc	15 mg
Vitamin E	10 mg

Vitamin A	2 mg
Biotin	150 µg
Selenium	30 µg



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# PLATINUM SWISS NANO CAPS

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