

**SWISS
ENERGY
HERBS**

By Dr. FREI®

BLACK SEED OIL

Support of Immune system and overall health



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BLACK CUMIN SEED OIL IS THE NATURAL PROTECTION FOR THE BODY

Made in Switzerland 

- Natural antioxidant and immunostimulant
- Improves the functioning of the cardiovascular system
- Protects the liver and kidneys
- Improves the functioning of the gastrointestinal tract
- Good for the respiratory system
- Helps lower blood pressure and blood sugar
- Reduces pain and acts as an antispasmodic
- Has an anti-aging effect, reduces wrinkles, rejuvenates the skin, increases its elasticity and strengthens hair



**1 capsule contains:
Black cumin seed oil – 500 mg
(Omega-6 (linoleic acid) – 275 mg)**

BLACK CUMIN – “BLESSED SEEDS”

The unique healing properties of black cumin were known to people long before the advent of traditional medicine. It was used in ancient Egypt 3,300 years ago. Then this plant was the main remedy for the treatment of intestinal infections and many other diseases.

Cumin is widely used in Islamic countries. The words of the Prophet Muhammad have survived to this day: **“Black cumin contains healing from all diseases except death.”**

There are mentions of it in the holy scriptures and books on medicine by Avicenna.

Doctors from all over the world declare the presence of unique essential fatty acids in black cumin seed oil that help maintain balance in the body.



BLACK CUMIN IS ONE OF THE MOST RESEARCHED PLANTS IN THE WORLD

Black cumin seeds are of special value, since they contain the highest concentration of nutrients. Currently, black cumin is one of the most studied plants in the world. **More than 600 studies have been conducted on it.** Based on their results, it became known that black cumin seeds contain more than 100 chemical compounds.

Among them:

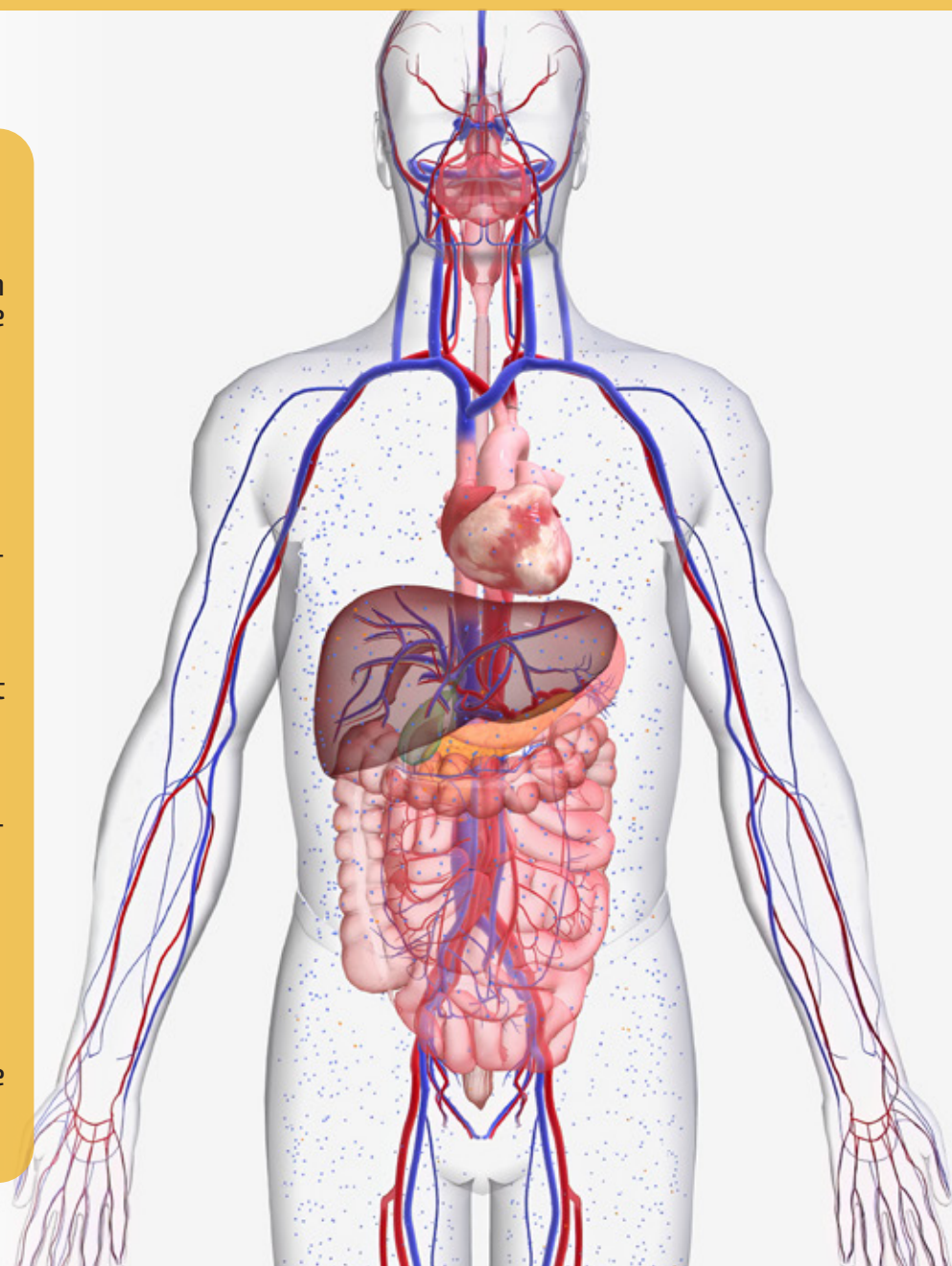
- Thymoquinone, which is considered key in providing beneficial effects on the body.
- Unsaturated and saturated fatty acids: Omega 3-6-9, palmitic, arachidonic, stearic, linoleic.
- 15 amino acids, including arginine, 8 of them are essential.
- Vitamins A, C, E, D and B-group.
- Macro- and microelements, incl. iron, calcium, potassium, phosphorus, manganese, selenium, nickel, zinc.
- Phytosterols, without which hormone production is disrupted.
- Phospholipids, flavonoids, enzymes, saponins, poly- and monosaccharides.

This is not the entire list of active elements. Therefore, cumin oil is a source of many substances necessary for the normal functioning of the body.



Main properties:

- **Antioxidant.**
Blocks excessive activity of free radicals, high levels of which can cause cancer, premature aging, problems with the endocrine system, etc.
- **Antidiabetic.**
A preliminary decrease in blood sugar levels was noted.
- **Hypotensive.**
Effectively fights hypertension and helps normalize blood pressure.
- **Neuroprotective.**
Black seed has been researched as an effective remedy against neurological ailments and depression.
- **Anti-inflammatory.**
A significant effect has been revealed in the prevention and elimination of inflammatory processes in the body.
- **Antimicrobial.**
Proven strong antibacterial and antifungal effects.
- **Treatment of male infertility and prostatitis.**
Studies have shown that cumin stimulates the growth of viable sperm and increases testosterone levels in the blood.



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BLACK CUMIN IS THE MOST FAMOUS NATURAL PRODUCT FOR SUPPORTING AND STRENGTHENING THE IMMUNE SYSTEM

Thymoquinone, the main active component of cumin oil, has demonstrated promising therapeutic properties in many in vivo and in vitro studies. Thymoquinone has shown the ability to modulate inflammation and immune disorders. **This study proved that it has anti-inflammatory properties, reduces the levels of pro-inflammatory cytokines and has an immunomodulatory role in cellular and humoral immunity.**

Black cumin oil also contains polyunsaturated fatty acids Omega 3, 6, 9. Omega 3, 6, 9 are extremely important for brain function, immunity and cardiovascular health. In addition, they are a membrane component of all cells without exception and are directly responsible for the condition of hair, skin and nails.



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COLD PRESSED OIL FROM EGYPTIAN CUMIN SEEDS

100% pure Egyptian black cumin seed oil is cold pressed to the highest environmental and manufacturing standards. **This technology allows to preserve all the beneficial ingredients as much as possible to provide health benefits.** The oil does not contain solvents, alcohol, preservatives or gluten.

- Non-addictive
- Does not provoke allergic reactions
- Cannot cause intoxication or disruption of intestinal microflora

The production is certified according to GMP and ISO standards and is located in the cleanest area of Switzerland. This guarantees the highest quality of products and their safety.

Possibility of obtaining Halal certificate.





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